

Nurses Speak Nurses Share Their Unique Hobbies



We are excited to let you know that we have successfully mailed out hobby packets to 1000 nurses who have registered throughout February. Look out for your own!

It was a rewarding experience for us to help nurses get their due pleasure in their spare time. Doing so, we have learnt that bringing smiles to our nurses is indeed White Glove's hobby! Your delight is our joy. We thank all for the raving feedback; keep them coming.

It was fascinating to hear the unique hobbies some nurses have shared with us. The extent of people's creativity and spirit is truly amazing. Let's loop you in to hear about some of those amazing hobbies from our nursing team members.

Let's go.

Name: Rachel Cruz, RN

Hobby: Extreme Couponing

When you'll hear about my hobby, you will probably think it is weird that this isn't something that relaxes me. But it does! I love to collect all kinds of coupons and rebates; anything where I can get a discount or get things for free. I work with several apps matching my coupons to items you can get on sale. I end up saving a lot and get so much for my money.

Seven years ago, when I originally had started couponing, I didn't save yet. In the beginning, I was still stocking up on various items, while still having the expenses of buying original priced items too. But once I had the stock and bought almost everything ahead of time for sale prices, I really started getting a lot for my dollar.

When I count my savings, it might seem to be just petty individual amounts, but the total savings are amazing. Before we started this extreme couponing and saving hobby, we really wanted to relocate to a new home. My husband was saying, "We are not moving our debts along with us." That very year we started the process of saving and by the end of the year we had repaid \$40,000 of debts! It is unbelievable but it's my reality.



A few of Rachel's haul from her Extreme Couponing hobby.

Couponing has really become our lifestyle. When we started recent home renovations, knowing that we will end up spending much money at the Home Depot for contractor supplies, we accumulated on many pre-purchased gift cards so that we can qualify for their gas promotions. For the longest, we have been benefiting from gas discounts, never needing to pay in full!

After accumulating so many items over time, I also end up donating a lot to the less fortunate of the community. For instance, I just donated a few bottles of laundry detergent for an elderly woman, that I literally got for free. Several years ago, we sent packages to needy people in Venezuela that was worth thousands of dollars, mostly including items that we got at a bargain price or free. I am happy that my hobby allows me to help people more than my means would have really afforded me to.

One day, after a particularly stressful night shift, I had joined my husband to do an order at the food shop. Joining him and executing my sale shopping was the perfect means of self-care at that moment. The satisfaction of getting the free items and getting good deals is indescribable. I came home feeling refreshed – renewed and energized.

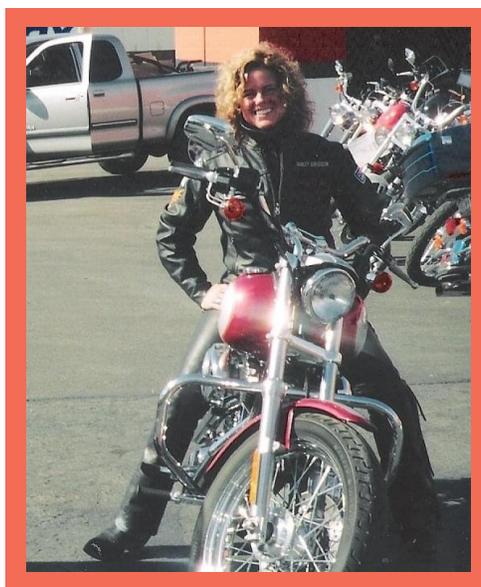
Obviously, those things take a great deal of time too. Still, I am glad that my hobby - time ends up benefiting not only myself but my family and my community.



Name: Aimee Taylor-Miller, RN

Hobby: Motorcycling

Being an adventurous person, motorcycling has always been something I wanted to do. At the age of 20, I was a proud owner of my first bike. I took a course how to drive it safely, and I have been riding ever since. Even after years of riding, it is still invigorating when I hit the throttle and off it goes. Powerful.



Aimee on her motorcycle.

Driving my motorcycle makes a spiritual experience for me. It is the time I connect with my soul. My favorite times are summer in the evenings. Riding through the mountain areas alongside a river or stream when the sun is a big and orange ball, with shades of red stretched at its side makes me feel like one with nature. I feel the breeze, and the world feels like the perfect place from my seat on my motorcycle.



Aimee's other motorcycle.

I usually prefer riding myself. The solitary time allows me to think of the person I want to be. When I want to reroute midway, I am free to do so. Also, I am set aside from other motorcycle riders by our different political views. They are all pro-trump while I am just not that.

I've encountered many interesting happenings while my motor is going, like my face-to-face meet with a moose! I like taking long trips. I have ridden myself to Cape Cod-Massachusetts, Vermont, and New Hampshire. On my trip to Vermont, I was riding alongside a rock wall, with a ditch at the other side. Suddenly, out of nowhere a moose appeared. It was extremely interesting, but very frightening too. There was another motorcycle driver some feet ahead of me who was literally inches away from the moose. He was seriously freaking out.

Motorcycling is something I would consider as my healthy air out, and it is the best way for me to destress after a rough day.

Name: Kadjada Gadji, CNA

Hobby: Working Hard

People often raise their eyebrows when they hear that I love to work hard. But yes, I find pleasure in extending myself for others and going beyond just what is easy for me. It is so rewarding. It gives me the greatest satisfaction, what selfcare and other hobbies cannot provide. I know it is a blessing to appreciate the routine, and it is not something I take for granted. At this point of time, I work six shifts a week, plus caring and cooking for a family, I may be working hard, but I am content as a person can be just doing what I love.

Name: Marie Arcarisi, RN

Hobby: Cement Art

My original project started out during the COVID-19 lockdown. I felt I was going to lose my mind at that time. I was browsing online, when I saw this amazing video showing how to make a cement project in the shape of a skull. It was so cool. As a person who always loved art in general, those creations called my name. Loudly. The instructions were simple; I was sure I can do it. All you need to do is mix quick cement with water, then with the help of a piece of cloth and a form you can shape it as you like.



One of Marie's cement art design.

When I completed my first project, the little ghost became a beloved member of the family, I was sure to move onto the next one. Making my own frame again, I made a 150 LB giant dragon. As I was growing more into it, I set up the corner of my basement where I can work on the artwork.



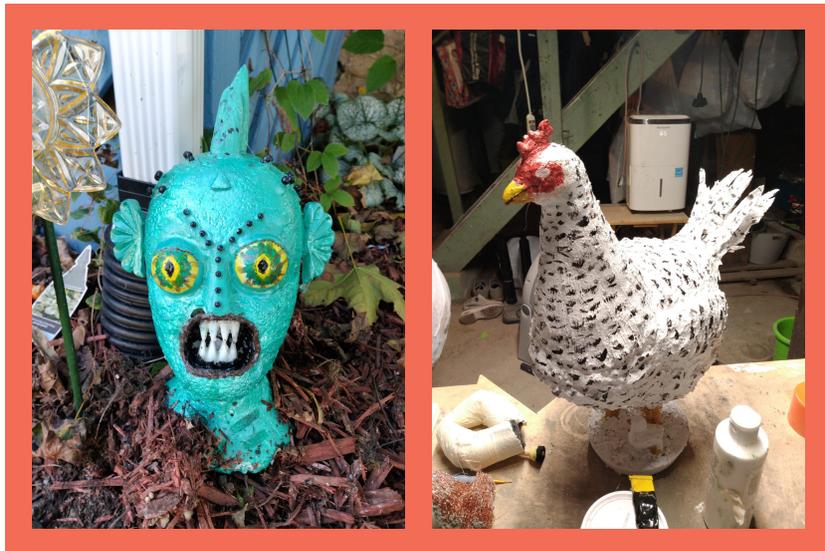
Marie's 150 lb dragon design.

My flower garden was another project I undertook. It was a change from the freaky stuff I was working on. Like my previous works, it was time consuming since I had to build it all from scratch. In recent times, my back has begun giving me a hard time, so I started doing it the simpler way, using molds, and making rather mini stuff, like my little snails.



Marie's cute little snail designs.

When I started doing my hobby, it was not that popular. As time goes on, more and more people ask me for instructions how to do the art, or they put in requests with me to make the items for them, the ghost especially.



One of Marie's garden designs.

A look into her studio.

That little corner in my basement is my go-to place. Those pieces may be exhausting to work on, yet they give me so much satisfaction. You will find me there whenever I have spare time, both after work and on the weekend.

Name: Kisha Madura, RN

Hobby: Making Jewelry

It started out a couple of years ago, when I was looking through a magazine with an article explaining how to make various designs for beading. I was intrigued. It seemed like an easy hobby and productive too. I headed into a local store to buy supplies and gather more instructions. It has been my favorite activity since.

Mostly, I work with semi-precious stones and sterling silver to create necklaces, bracelets and sometimes earrings. It is mostly on my downtime, like the holiday season when I have the time to work on my pieces. When times are stressful at work, I will designate moments to busy myself with my beloved hobby. Once the work is done, I either gift it to someone or I keep it for myself. I tend to get very attached to the pieces I make. Recently, I taught my daughter how to make those beautiful creations, and we've become a team. It is a great hobby, if not too expensive.



Samples of Kisha's jewelry designs.

Name: Terry Osei, RN

Hobby: Playing Tennis

I've been playing tennis since I was in high school. I love to spend an hour in the morning playing at the tennis court close to my home. Playing tennis gets me energized and active, instead of just watching TV and being lazy. I also feel it helps me destress mentally.



Name: Claudette Campbell, RN

Hobby: Singing

Singing is what I love doing. In my home, whenever I just let it loose, I sing. My patients truly enjoy it when I sing, so I will sometimes do it for them to make their life more pleasant. It feels great sharing a gift with others.



Name: Kelly Gates, LPN

Hobby: Make treasure from trash

All I can say is my hobby is rewarding. I love going around to garage sales to check in if there is something they have in store for me. Several times I pass by roads and find items that were set aside yet still in perfect condition. If it is something that seems useful to me, I would pick it up. Besides for getting great price deals, there is a certain feeling to upgrade an item that is useless for its initial purpose to something so beautiful in my own home. I often paint the stuff I pick up or freshen it up in different ways; it gets a new face altogether. With my current nursing schedule going on, it is only periodically that I get to my hobby.



Name: Kristen Faith Dettling, RN

Hobby: Photography

Taking photos is my favorite. I developed a feeling for it in high school. The art room had a dark room, so I learned everything from developing to exposure. It was great. The best thing about it was that the teachers allowed me to go in and use it at my leisure as long as I contributed to the high-cost chemicals. I loved that quiet alone time which was different from the contact sports I typically played. My camera took me to all kinds of places, countries, people and cultures.



*Samples of
Kristen's
photography.*

Looking back at my pictures of life experiences and celebrations brings back the emotional feelings and memories attached to those captures. Every shot is a chapter of a whole story; it is life's art captured in a millisecond.

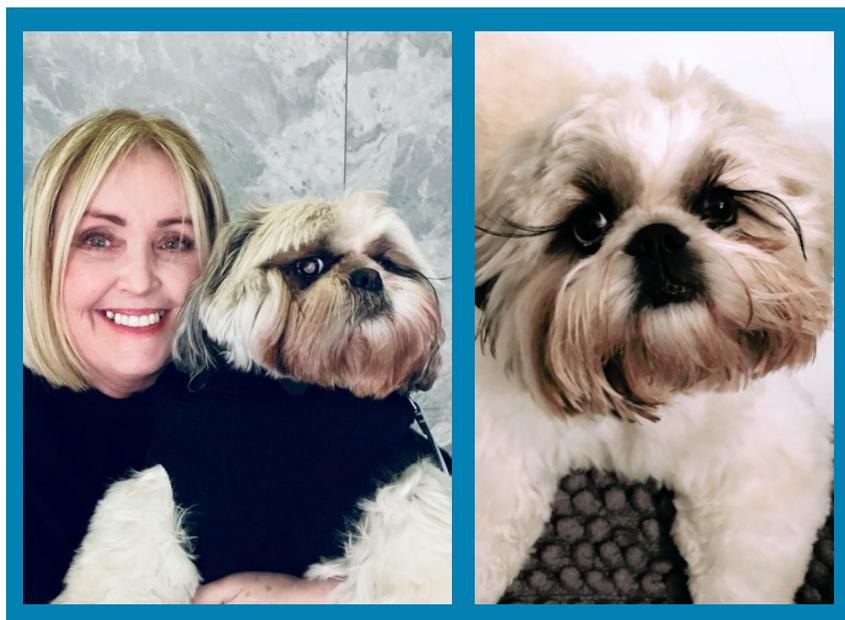
Though in my busy schedule I barely have room for my favorite activity, I still try to find time to take photos of my children and nature. It is the best way to make memories last forever.

Name: Karis Fahrer, RN

Hobby: Caring for dogs

If you know me, you know about my absolute obsession with dogs. They are just the greatest. I know the names of every dog in my area, though I may not know the name of their rightful owners.

Those dogs just have a way of calling my heart. Studies show that caring for dogs, lowers blood pressure, and I can attest it is the very best stress reliever after a hard day. When I go out on the street for lunch on my current assignment in Mount Sinai, I can't resist noticing all the dogs on 5th Avenue. That is just before you talk about my beautiful little boy, Oliver.



*Meet Karis and
her beautiful boy,
Oliver.*

I got my dog in the most interesting way possible. He was born in Brazil, from where wealthy people have sent him over on a private jet to a new super-rich owner in New York. She was very interested in dogs but preferred those of smaller size. Ones that can just go into your pocket or follow you around easily. Oliver is big boy of 35 Lbs.

One day I was browsing in a store in Miami, Florida when Oliver's former owner entered. She was conversing with the storeowner, when I learnt that this beautiful tan breed is up for adoption. I could not believe how one can reject this dog! I spontaneously agreed to adopt him while in my heart I knew his name just suited to be Oliver. She took down my full information. It was not a smooth process. This lady, being a true dog-lover herself, had to ensure I was indeed capable of caring for this precious dog. She did background checks, inquired where I lived, ensuring I can provide a safe environment. After a couple of weeks, she reached out to me with the good news that I can come over to pick up my new pet. It felt like a dream, stepping my feet into a 27-million-dollar mansion on the water to pick up my dearest thing in the world.

Ever since, he is my life. Oliver comes with me wherever I go, except for work of course.



Karis loves dogs and takes Oliver with her wherever she can.

Thank YOU!

Thank you again to all our nurses who participated and shared their hobbies with us. We are so inspired by your creativity and passion. We hope you will continue to explore your hobbies and always be open to trying new activities that help set your heart on fire. Our nurses are clearly a force to be reckon with and we are so thankful to have you on our White Glove team!



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